

ORGANIC MEAT (НАТУРАЛЬНІ М'ЯЧНІ ПРОДУКТИ)

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Organic meat certification requires farm animals to be raised organic regulations throughout their lives. These regulations require that livestock are fed certified organic food that contains no animal byproducts. Further, organic farm animals can receive no growth hormones or antibiotics, and they must be raised using techniques that protect native species and other natural resources. Irradiation and genetic engineering are not allowed with organic animal production.

The main difference between organic and conventional food products are the chemicals involved during production and processing. The residues of those chemicals in food products have dubious effects on human health. Claims of improved safety of organic food has largely focused on pesticide residues. These concerns are driven by the facts that “(1) acute, massive exposure to pesticides can cause significant adverse health effects; (2) food products have occasionally been contaminated with pesticides, which can result in acute toxicity; and (3) most, if not all, commercially purchased food contains trace amounts of agricultural pesticides”.

Toxicological examination of synthetic chemicals, without similar examination of chemicals that occur naturally, has resulted in an imbalance in both the data on and the perception of chemical carcinogens. Three points that we have discussed indicate that comparisons should be made with natural as well as synthetic chemicals.

1. The vast proportion of chemicals that humans are exposed to occur naturally. Nevertheless, the public tends to view chemicals as only synthetic and to think of synthetic chemicals as toxic despite the fact that every natural chemical is also toxic at some dose.

2. It has often been wrongly assumed that humans have evolved defenses against the natural chemicals in our diet but not against the synthetic chemicals.

3. Because the toxicology of natural and synthetic chemicals is similar, one expects a similar positivity rate for carcinogenicity among synthetic and natural chemicals.