ФОРМУВАННЯ АДЕКВАТНОЇ КАРТИНИ СВІТУ У ПРОЦЕСІ МІЖКУЛЬТУРНОЇ АДАПТАЦІЇ ІНОЗЕМНИХ СТУДЕНТІВ У КРАЇНІ НАВЧАННЯ

FORMATION OF AN ADEQUATE PICTURE OF THE WORLD IN THE PROCESS OF INTERCULTURAL ADAPTATION OF FOREIGN STUDENTS IN THE COUNTRY OF LEARNING

Transformation processes in modern society, trials and challenges of socio-political and economic life, national trends in higher education reform contribute to the increasing relevance of the study conditions and factors of personal resources vitality of all parties of educational process in high school. Under these conditions, the faculty staff suffer from psychological pressure. However, the students herewith remain the most vulnerable group. Rapid economic and political transformations in the society and continuous innovations in education are performed on the background of the main adaptation process of this period of life - the process of former pupils and students' adaptation to the new conditions of life arising from their inclusion to educational process and public life of the university. Perpetual spread of globalization in the modern world increases the number of students who find themselves in close contact with others, significantly different from their native culture. In particular, Ukraine annually receives a significant number of foreign nationals who come here to get higher education. Each of these students inevitably passes a rather complex way of "double" adaptation. The first aspect of this phenomenon is the adaptation to the learning environment in a particular university; the second is the adaptation to new cultural and social environment. Foreign students' adaptation (the same as for any Ukrainian student) to the conditions of the university includes:

- vocational and professional adaptation to the content, conditions and future results of the chosen profession;
- social and professional adaptation as an adaptation to social requirements that apply to the members of their chosen profession;
- psycho-social adaptation as active or passive adaptation to the immediate social environment, building relationships with other students, faculty and university administration.

The second aspect of foreign students' adaptation to the learning environment is their socio-psychological adaptation to new cultural environment. During the adaptation, the students should both be attracted to the customs, traditions, norms and values inherent in the culture of the

country of study, but also they should adapt to cultural characteristics, which are native students – citizens of other countries who also arrived in Ukraine to get higher education. Therefore, it is worth saying that the second part of foreign students' adaptation to the learning environment (namely cross-cultural adaptation) is an alignment of their social and psychological well-being in a multinational environment among a large number of different national cultures. During the cross-cultural adaptation that occurs during the period of study, foreign students must obtain both the ability to survive, passive adjustment to a new society, and form the capacity for active and creative construction of their career towards continual personal and professional growth, and self-realization.

The most important category for understanding the nature of changes occurring in foreign students' psyche while studying in the country is the category of "worldview". Today the worldview is defined as a holistic multilevel system of a person's ideas about the world, other people, about the personality and his own activities. Contents of the worldview combines the ideas about the inner and outer world, that is realized in values, meaning, space-time and subject picture of the world. The worldview is formed and transformed in the process of human interaction with the outer world (social, objective, natural), in the process of objective reality perception, understanding of critical situations, perspectives and life choices, self-knowledge and perception of people around. It is this ideological formation of foreign students is subject to the greatest pressure from the new cultural features of the country as training and other countries, which are carriers of other foreign nationals, also trained in Ukraine.

An important purpose of the university's activity in the process of psychological support of foreign students' adaptation to new socio-economic conditions of existence in a country among numerous national cultures is to create an adequate picture of the world as a psychological resource of valuable personal and professional development during their education. This goal achievement requires the solution of certain theoretical, methodological and purely practical tasks:

- determination and substantiation of the system of the worldview components and indicators concerning foreign students; assessment of ethnic peculiarities, structure, types, personality and behavioral correlates of foreign students' worldview;
- substantiation, development and implementation of system corrective and developmental actions aimed at the optimization of foreign students' picture of the world for further promotion of their psychological well-being and success in cross-cultural adaptation in the country of studies.