

THE EMERGENCE OF THE FIRST SWEETS IN THE WORLD (ВИНИКНЕННЯ ПЕРШИХ СОЛОДОЦІВ НА ЗЕМЛІ)

Нагаєва С.О., гр. ТХ-14

Науковий керівник – ст. викл. **Ков'ях І.І.**

Харківський державний університет харчування та торгівлі

У доповіді йдеться про історію слова «кондитер», перші солодоці, великих майстрів своєї справи, а також солодоці, які відомі сьогодні на весь світ.

If you love chocolate and all sweets, then you certainly should know whom to thank for it. The word "pastry" is derived from the Italian verb "candiere" which means "candy." Just a coincidence with this verb is the Latin word "confectioner" – the master of prepared food, able to give it a taste – who the Romans called chefs, explains the fact that in Europe in the XVIII century they mistakenly became known as manufacturers of sweets and not "candiru", or confectioners, because by this time, every nation had long called for foreign chefs not to borrow, but use their own national title: Russian – chef (the man who cooks), German – Koch (the one that cooks, all), the French – chef de cuisine (master of the kitchen), Italian – cuocchio (boils, fries anything on fire).

The sweets pioneers were Egyptians and Romans.

Confectionery is food products, main feature of which is sweet taste. So, a confectioner is a person who makes sweets. The term "sweets" has a broader meaning and in confectionery also covers natural foods that taste sweet, among which the chief product is honey.

There are lots of types of confectionery in the world. Depending on the ingredients used, all kinds of confectionery products are divided into two main groups: sugar and flour. It happens that the confectionery contains elements of both groups, but only one is considered basic.

The Confectionery Art is one of the areas of culinary creativity. In each country there are masters in this genre. Some of them are widely known throughout the world: Alexander Seleznev, Russian; Eric Lenlard, England; Luke Montersino, Italy; Nick Malgieri, the USA; Christophe Michalak, France; Adriano Zumbo, Australia.

The most famous of the world cakes.

The names of some cakes, such as "Napoleon", "cheesecake", "bird's milk" are known even to children. Moreover, each cake has their homeland from where the recipe has spread worldwide and has undergone many changes.