

PHYSICAL EDUCATION AND SPORTS (ФІЗИЧНЕ ВИХОВАННЯ ТА СПОРТ)

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У доповіді йде мова про розвиток фізичного виховання та спорту в Україні.

Physical culture is an integral part of the culture associated with the system of physical education, the organization of sports, special scientific experiments, technical means necessary for physical education and sports.

Sport is the most accessible and effective tool that increases a person's creative and creative abilities. Comprehensive physical training and regular sports strengthen your health and help you to bear the stress of physical and mental work more easily.

Physical culture is a vital need of Ukrainian people. In Ukraine, a fifth of the population regularly engages in physical culture and sports.

The government takes daily care of the health of the people, especially children, and encourages the majority of the population to engage in regular physical education, sports, and tourism.

Physical culture is an important means of increasing the social and labor activity of people, satisfying their moral, aesthetic and creative needs, vital needs for mutual communication, developing friendly relations between peoples and strengthening peace.

The spread of knowledge about physical culture and sports arouses interest in them, creates a desire to train, participate in sports competitions.

Physical culture and sports are promoted by Newspapers and magazines, book publishers, radio, social networks, television, and other print organizations.

Many sports competitions are now broadcast on Eurosport channels, which allows you to promote Ukrainian sports abroad. And with the advent of the Megasport channel, the country's sports audience has the opportunity to stay up to date with all the news of sports life.

The state provides the necessary assistance, benefits and guarantees to certain categories of citizens, including the disabled, for the exercise of their rights in the field of physical culture and sports. The state ensures priority development of physical culture and sports in rural areas and creates the necessary conditions for rural workers and their family members to engage in physical culture and sports.